



RECIPE BY FABIEN DÉAL

# Vitamin-boost

Recipe in 1 step



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## Cereal bar

Cereals	250g	21.9 %	Caramelize the sugar without water then lower the temperature with the cream, butter, cocoa butter and vanilla pod.
Vanilla pod	1g	0.0 %	
Sorbitol	90g	7.8 %	Stop the cooking process at 115°C, then add the chocolate and pour into a frame.
Sugar	180g	15.7 %	
Honey	120g	10.5 %	
Cream	270g	23.6 %	
Butter	90g	7.8 %	
COCOA BUTTER	30g	2.6 %	
ROASTED COCOA BEANS VENEZUELA	80g	7.0 %	
Grilled crushed hazelnuts	30g	2.6 %	
Total	1141g	100%	